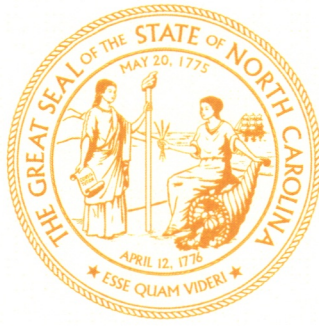




State of North Carolina

JOSH STEIN
GOVERNOR

FRAGILE X SYNDROME AWARENESS DAY

2026

BY THE GOVERNOR OF THE STATE OF NORTH CAROLINA

A PROCLAMATION

WHEREAS, Fragile X syndrome, a condition caused by genetic changes, is one of the most common inherited causes of intellectual disability; and

WHEREAS, Fragile X syndrome affects people of every race, ethnicity, and gender and may cause developmental delays, intellectual disability, learning challenges, anxiety, attention and behavioral concerns, autism-related characteristics, communication differences, sensory sensitivities, seizures, and other medical or developmental needs; and

WHEREAS, more than 87,000 Americans, including an estimated 2,900 North Carolinians, may be living with Fragile X syndrome, and many more family members, caregivers, educators, health professionals, and community members are impacted by the condition; and

WHEREAS, Fragile X-associated conditions also affect individuals with the Fragile X premutation, with national estimates that suggest more than 1 million Americans may have a Fragile X premutation, including thousands of North Carolinians who may be unaware of their genetic status; and

WHEREAS, early identification, genetic testing, family education, therapies, medical care, behavioral supports, inclusive education, employment opportunities, and community-based services can help people with Fragile X syndrome learn, communicate, work, participate, and live meaningful lives in their communities; and

WHEREAS, families often face a long path to diagnosis, care coordination, and support; and increased awareness among health care providers, educators, policymakers, and the public can help reduce delays, connect families to resources, and strengthen understanding of Fragile X syndrome and Fragile X-associated conditions; and

WHEREAS, individuals living with Fragile X syndrome are valued members of our communities whose strengths, voices, choices, and contributions deserve recognition, respect, inclusion, and support; and

WHEREAS, the State of North Carolina joins families, advocates, researchers, clinicians, educators, and community partners in promoting awareness, advancing understanding, supporting research, and honoring all North Carolinians impacted by Fragile X syndrome;

NOW, THEREFORE, I, JOSH STEIN, Governor of the State of North Carolina, do hereby proclaim July 22, 2026, as "FRAGILE X SYNDROME AWARENESS DAY" in North Carolina and commend its observance to all residents.



A handwritten signature of Josh Stein in black ink, written over a horizontal line.
JOSH STEIN
Governor

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the Great Seal of the State of North Carolina at the Capitol in Raleigh this first day of July in the year of our Lord two thousand and twenty-sixth and of the Independence of the United States of America the two hundred and fiftieth.